CBSE
New Delhi, India

Oil Valley Girls' & Boys' School

DIBRUGARH

Physical Fitness Report
Form for Day Boarder / Boarder

NOTE : PLEASE USE BLOCK LETTERS TO COMPLETE THIS FORM

All questions MUST be answered honestly, please submit to Resident Officer at the time of admission

SURNAME

FIRST NAME

DATE OF BIRTH (DD MM YY) SEX MALE ☐ FEMALE ☐

Next of kin information : .....

Name : .....

Address : .....

ISD code / country code / area code / local number

Emergency Phone No. :

E-mail : ..... Fax : .....

Medical History Form (Part I)			
SL. NO.	QUESTION	Date	RESPONSE Remarks
1	Has your ward had any of the following Childhood diseases ?		
	(a) Chicken Pox		
	(b) Measles		
	(c) Mumps		
	(d) Diphtheria		
	(e) Whooping Cough		
	(f) Polio		
2	Has he / she suffered from any of the following other diseases ?		
	(a) Tuberculosis		
	(b) Enteric (Typhoid) Fever		
	(c) Dysentery		

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	(d) Malaria		
	(e) Dengue Fever		
	(f) Rheumatic Fever		
	(g) Infective Hepatitis (Jaundice)		
	(h) Mononucleosis		
	(i) Other disease / illness if any		
3	Does / did he / she suffer from any ENT ? problems ?		
	(a) Frequent colds		
	(b) Frequent nosebleeds		
	(c) Frequent sore throat (Tonsillitis)		
	(d) Any symptoms of deafness		
	(e) Tooth or Gum problems		
	(f) Hay Fever / allergies		
4	Does / did he /she suffer from any Chest or respiratory problems ?		
	(a) Rheumatic Heart disease		
	(b) Other Heart problems		
	(c) High Blood Pressure		
	(d) Haemophilia (excessive bleeding)		
5	Does / did he /she suffer from any GI / GU conditions ?		
	(a) Appendicitis		
	(b) Abdominal pain		
	(c) Bladder / Urinary infection		
	(d) Diarrhoea / dysentery		
	(e) Gall Bladder		
	(f) Frequent indigestion		
	(g) Haemorrhoids		
	(h) Hernia		

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	(i) Kidney infection		
6	Does / did he /she suffer from any Skin conditions ?		
	(a) Eczema		
	(b) Impetigo		
	(c) Frequent boils		
	(d) Scabies		
7	Does / did he /she suffer from any Neurological conditions ?		
	(a) Convulsions / Epilepsy / Fits		
	(b) Dizziness / Fainting spells		
	(c) Vertigo		
	(d) Frequent headaches		
	(e) Neuritis		
8	Does / did he /she suffer from any Other medical conditions ?		
	(a) Insomnia		
	(b) Sleep Walking		
	(c) Depression		
	(d) Hysteria		
	(e) Mental illness		
	(f) Psychiatric treatment		
9	Has he / she had any surgical operation, head or other serious injury, or fracture of the bones ? If so, please give particulars.		
10	Is he / she a bed-wette ? If so, how frequently does this happen ?		
11	Has he / she been X-rayed at any time ? If so, when and for what ?		
12	Are his / her eyes and eyesight normal ?		

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SATYA SADHANA VIDYA TEJA
OIL VALLEY GIRLS' & BOYS' SCHOOL

13	Does he / she wear glasses or contact lenses (if yes, attach prescription) or suffer from any other eye ailment ?		
14	Are his / her teeth generally in good order ?		
15	Does he / she need orthodontic treatment ?		

Medical History Form (Part II)	
Height : Cm Weight : Kg	Temp : Pulse : B.P. :
Chest (full expiration) :	Chest (full inspiration) :
Blood Group & RH :	Blood & WBC : Hgb-grams%
Montoux Test (if done) : Positive / Negative	
Pathology (Blood, urine & stool, if applicable) :	
Skin conditions :	
Eyes / Vision (attach prescription if glasses or contact lenses are worn)	
Ears / Hearing	
State of appendagess / extremities	
State of Spine & Neck, Posture :	
Signs of flat feet or other defects	
Breasts	
Glands	
Throat / Tonsils	
Piles / Fissure	
Abdomen / Hernia / Spleen	
Pelvo-Rectal	
Cardio Vascular System	
Respiratory System	
Neurological / Central Nervous System	

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IMMUNISATION RECORD	PRIMARY (DD, MM & YY)	BOOSTER (DD, MM & YY)
BCG		
POLIO		
DPT		
MEASLES		
MMR		
TETANUS TOXOID		
TABC		
TYPHOID		
HEPATITIS 'A'		
HEPATITIS 'B'		
OTHERS		

This is to certify that I have conducted a through medical examination of ..... and find that he / she is in a fit state of physical and mental health to join a residential school and does not suffer from any infectious disease. He / she (tick one) .....is / ..... not permitted to participate in games and physical education activities.

Remarks / Restrictions : .....

.....

.....

Date .....

Signature & Stamp of Medical Practitioner

Regd No .....

Name of Medical Practitioner .....

Address .....

.....

.....

Contact No . (Off) : .....

Contact No. (Res) : .....